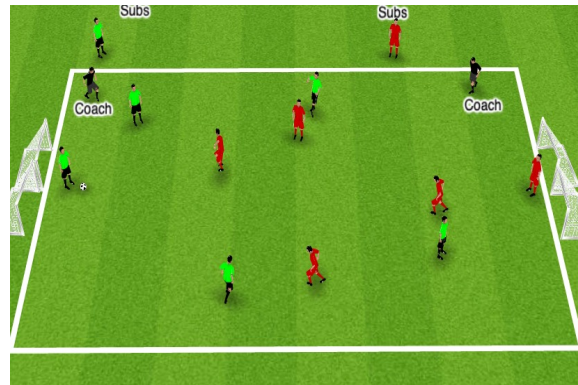


Small Sided Game Jamboree

- 5v5 vs OWN Group (then vs Others)
- Look for Diamonds
- Ball goes out - Coach puts new ball in
- After a goal / teams reset in own half
- Flow of Game takes precedent
- Subs = every 2-3 mins
- Repeat: "Spread out" / "Head Up"
- Have FUN!



*Coaches can setup a fun dribbling warm up of their choosing on week 1 to get to know their teams

VANCOUVER UNITED FC

Game. Club. Community.

FIRST KICKS WEEK 1:

U8 "GAME PLAY"

Technical Support

- Connect with your Technical Lead with Q's
- Staff are "ON Field" to run activities with you
- Keep it Fun & Safe for ALL
- If the ball(s) are rolling; you're doing great!
- Your energy becomes their energy
- Do Not hesitate to ask Staff for help
- Add wrinkles that go with the Topic

